



Tiger Spirit

NEWSLETTER



GOOD WORK! Congratulations to all students who have been progressing and who are working very hard. Trying your best is what karate is all about. Keep up the good work!

CONGRATULATIONS! These students recently passed their kyu exam.

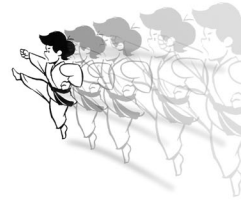
9th KYU (stripe)
Asher Cottle Radzinger
Lexi Cottle Radzinger
Zoe Silverman

8th KYU
Samantha Guillory
Samara Guillory
Jessi Kilpi
Joy Longo

6B KYU
Christopher Ladreyt

5th KYU
Jonathan Hirn
Danielle Marquez

3RD KYU
Cassandra Carrasco
Sophia Manfré



• **SUMMER SCHEDULE:** Classes continue as usual except for JULY 4 and September 5 (Labor Day), when we will be closed. Next kyu exam will be held Saturday, September 5, 1PM.

• **CONTACT INFO:** Visit our website to view our new and exciting dojo video and for any upcoming scheduled events and promotions at: www.iskfsm.com

• **REMINDER:** Remember that the dojo is our "temple." We must respect the dojo by bowing when entering and exiting the dojo front door. We must continue the respect by behaving properly - no running around and goofing off before or after class. Parents and students please try to leave sitting space for any adults and no talking to the students, to each other or using cell phones during class.

Another way to respect the dojo is by your appearance and preparation for class. Students should always come to class with their clean gi, gloves and mouthpiece, and especially their belt. If your gi begins to get too small, you can order a larger size with your instructor. Also, a white undershirt is most appropriate under the gi rather than another color if possible. No jewelry, watches, or earrings (for your own safety.) Long hair should be put up out of the face so that it doesn't distract.

• **Sempai Carol, Sharon, Steven and Linda want to say thank you to all the students and parents for your commitment to karate training and we all wish you a wonderful summer!**